



PEANUT BUTTER RECIPE



Pumpkin & Pic's Peanut Butter Soup

Ingredients

- ★ 1 kg pumpkin, peeled and cubed
- ★ 4 cups chicken stock
- ★ 1 large granny smith apple peeled, cored & chopped
- ★ 1 large onion, chopped
- ★ 1/2 cup Pic's Peanut Butter
- ★ 1 tsp curry powder
- ★ 1/2 tsp salt & pepper to taste
- ★ 1/2 cup of cream (optional)

Instructions:

1. Heat chicken stock, add pumpkin, apple and onion and simmer until soft.
2. Stir in Pic's Really Good Peanut Butter, curry powder, salt and pepper.
3. Blend with a stick blender (or use a potato masher) until smooth.
4. Stir in cream and heat through.